



COOKING FOR A CAUSE !

Practical info & Daily menus

DAY CLASS - Start 11:00 - about 16:30
- INCL. Tour at Lanta Animal Welfare

DINNER CLASS - Start 17:00 - about 22:00
- INCL. Cocktail Class - Adults only - 18 & up

Check the calendar online as we don't have both Day & Evening Classes every day.

You have two options to choose from:

1. PARTNER CHEFS: 3,600 baht total for two Chop ingredients side-by-side. Help each other at the stove and have fun creating a delicious DOUBLE portion, just like at home. **Great for couples or friends. Save 1,000 baht!**

2. SOLO CHEFS: 2,300 baht per person
As a Solo chef, you cook by yourself - so get ready to stay focused and don't burn your food!

(As we have limited cooking stations, could you please consider that we pair you up with another existing Solo Chef with the same dietary requests as you IF needed? You will get back 500 baht after class AND the rescue animals will get 1,300 baht more! IF so answer YES when you book.)

ALL CLASSES INCLUDE:

- A detailed and fun theory/tasting and curry paste intro
- Your own Time For Lime APRON to take home
- Water, coffee, tea
- Chill-out in and around the SWIMMING POOL
- FREE 2-way transport from designated pick-up points
- Digital recipes

THE BEST THAI FOOD YOU HAVE EVER TASTED

...and you've made it yourselves! No beef, pork or chicken on the menu, we have fresh veggies, herbs and fresh fish/shrimp
Allergies? Don't worry, you are safe with us.

We change our menu for each day so you know what you will be learning and cooking.

Our daily menus are designed as a real Thai meal should be, a balance between several dishes with the flavors of sweet, sour, salty, spicy and creamy. Also taking in consideration of the texture of each dish, protein and healthy aspects.

!! Children under 13 yrs can enjoy the pool area only two steps away from the cooking kitchen during the DAY CLASS (but not participate in the cooking)



TUESDAYS

- Panang Curry
- Papaya Salad (deep-fried)
- Coconut soup (Tom Kha)
- Mango sticky rice

WEDNESDAYS

- Padt Thai
- Massaman Curry
- Laab Salad (the famous one)
- Mango sticky rice

THURSDAYS

- Green Curry
- Crispy Spring Rolls
- Stir-fried Holy Basil (Padt Kaprow)
- Mango sticky rice

FRIDAYS

- Padt Thai
- Red Curry Sauce, fish fillet / tofu
- Stir-fried Kale (with BIG FIRE!)
- Mango sticky rice

SATURDAYS

- Khao Soi Curry
- Tom Yam Soup
- Morning Glory (with BIG FIRE!)
- Mango Sticky Rice



Scan and book
in advance
Limited spaces

More info: www.timeforlime.net
Or message us on WhatsApp:
+66 611 389 499